

SUN BATHS IN THE TREATMENT OF TUBERCULOUS JOINTS.

According to the *Medical Times* Dr. Millioz, unlike Finsen, of Copenhagen, who uses the ultra violet rays of the spectrum in the treatment of lupus, has employed the rays of sunlight to act on tuberculous joints. He disapproves of the systematic fixation of the limb in which the tuberculous lesion is situated. The patient is placed on a suitable couch in the sunniest part of a garden or other open place, with the affected joint fully exposed to the rays of the sunshine. To protect the head of the patient, some sort of a sunshade may be improvised. If the upper limb is the seat of the disease, the patient may preferably be allowed to walk about in the garden. The duration of the sun bath should be several hours a day. During the intervals the joint is covered with wool and rather firmly bandaged. Sometimes after the first or second bath the joint becomes more painful, but this soon passes away in most cases; but if it should continue it may be necessary to intermit the treatment for several days. Rapid pigmentation of the sun's rays has been noticed to coincide with comparatively quick recovery. The joints are said to become smaller, the skin healthier looking, the discharges, if such are present, less purulent, and the fistulæ close. Such results, however, may require months of treatment.

BLOOD-LETTING IN PNEUMONIA.

Dr. Corradini Rovatti reports a case in the *Gazetta Medica Lombarda* in which blood-letting gave immediate relief to the patient, causing a diminution in the sharp pains at the base of the left lung, causing the pulse to become strong, full, and more rapid, and lowering the temperature from 40° C. to 38° C. A deep and refreshing sleep followed the procedure, and although the patient remained in a condition of weakness for several days, he was practically cured by this measure. Blood-letting overcomes passive congestion with the cyanosis, dyspnoea, etc., attending it, and also in infective diseases of the respiratory tract eliminates a large part of the toxic substances from the circulation. It also brings relief to an overworked heart, facilitates breathing and oxidation, and increases the elimination of urine. Dr. Robatti advises that in all cases of pneumonia in robust subjects, bleeding should be practised. Blood-letting, formerly so extensively used, has lately fallen into great disuse.

Appointments.

MATRON.

Miss Alice Blomfield has been appointed Matron at the East End Mother's Home, Commercial Road, E. She was trained at the London Hospital, where she subsequently held the position of Sister. She has also been Sister at Queen Charlotte's Hospital, Marylebone Road.

Miss Lilian Bayley has been appointed Matron of the Royal Boscombe Hospital, Bournemouth. She received her training at the Seamen's Hospital, Greenwich, and the Hospital for Women, Soho Square.

Miss Kate Steen has been appointed Matron of Barrington's Hospital, Limerick. She was trained at the London Hospital, and has worked in connection with the Taunton Jubilee Nursing Association, and has also held the position of Matron at the General Hospital, Kettering.

SUPERINTENDENT NURSE.

Miss Elizabeth Barton has been appointed Superintendent Nurse at the Atcham Union Workhouse Infirmary, near Shrewsbury. She was trained at the Union Infirmary, Blackburn, where she subsequently held the position of Charge Nurse. She has also been nurse at the Royal Infirmary, Sheffield.

Miss A. F. Shedden has been appointed Superintendent Nurse at the Workhouse Infirmary, Dorking. She was trained at the Birmingham Infirmary, and has held the position of Head Maternity Nurse at the Hackney Union Infirmary.

SISTER.

Miss Amy E. Robinson has been appointed Sister at the Jessop Hospital for Women, Sheffield. She received her training at the Scarborough Hospital and Dispensary, and obtained experience in maternity work at the Glasgow Maternity Hospital, where she has also held the position of Ward Sister.

Miss G. Waters has been appointed Ward Sister at the North Riding Infirmary, Middlesborough. She received her training at the Leeds Union Infirmary, and the Hove Isolation Hospital, Sussex.

NIGHT SUPERINTENDENT.

Miss Ellen Mawson has been appointed Night Sister at the General Infirmary, Burton-on-Trent. She was trained and certificated at the Poplar and Stepney Sick Asylum, and has held the positions of nurse at the Royal Infirmary, Edinburgh, and Sister at the Poplar and Stepney Sick Asylum.

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